

Treasurer's Report

September, 2010	\$415.00
Donation	\$8.00
Total	\$423.00

Outstanding bills -Peter will gather bills for our website and present them to me in January 2011.

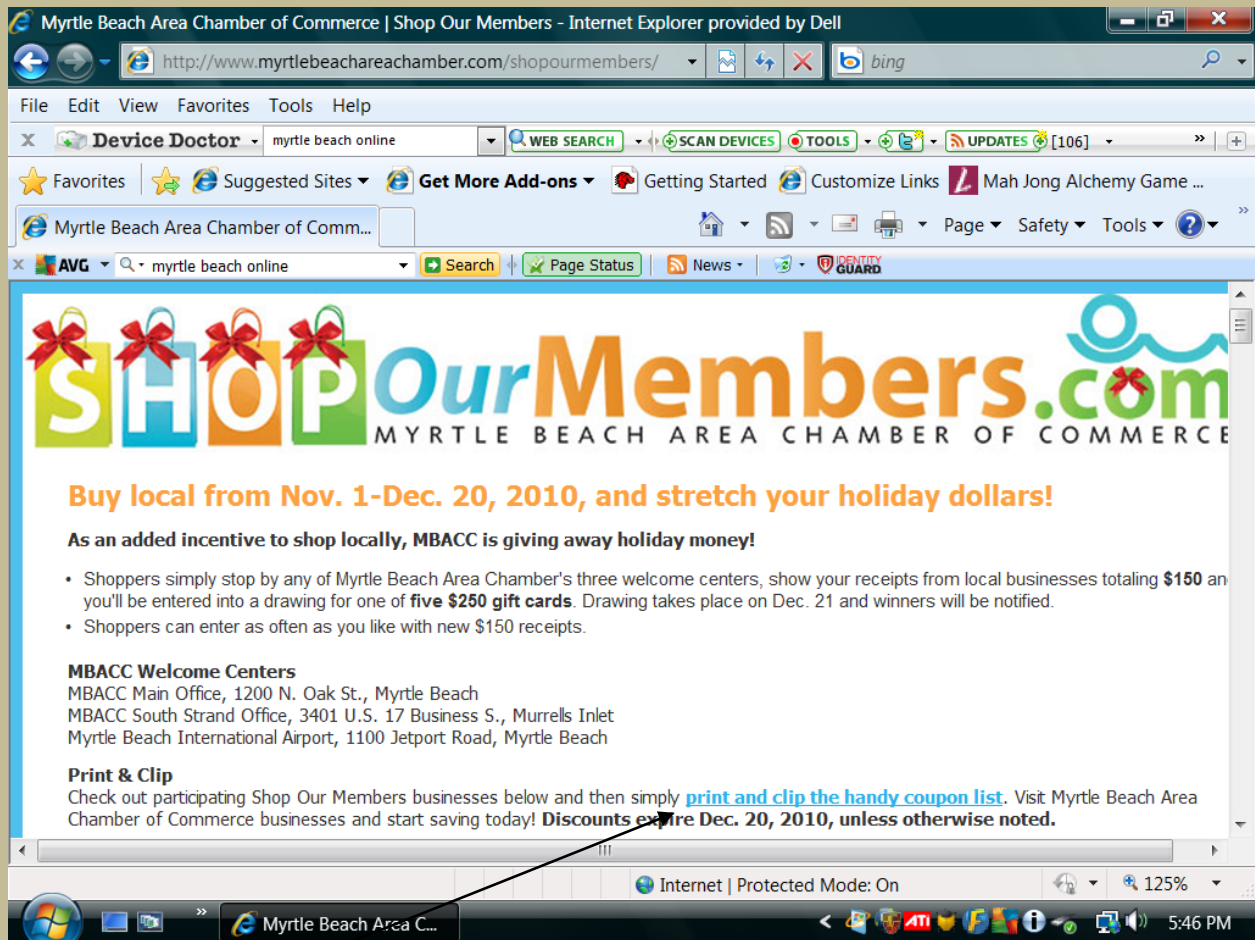
[How to Add the Status Bar Back in Firefox 4.0](#)



The new version of the Firefox browser changes the user interface dramatically, and even removes the status bar just like Google Chrome or Internet Explorer 9—but if you're afraid of change, there's a browser extension that can put it back to the way you're used to.

[Just download and install the extension to get the status bar back. Nothing to it.](#)

[Status-4-Evar](#) [Firefox Add-ons via [Tweaking with Vishal](#)]



PRINT AND CLIP HANDY COUPON LIST TO GET REWARDS.

These are suggestions only. Please do research on these products to determine what is cost effective and best for your individual situation.

www.averyspecialheart.com

♥ Very Special Heart Keychain - For Men



Elegant Stylish Versatile Lifesaving

Your *Very Special Heart*™ can be worn as a necklace or used as a keychain or purse clip (keychain/purse clip included). One side has an elegant filigree pattern, the other side – a smooth, contemporary finish. But it's what's inside this heart that makes it so very special.



Inside your *Very Special Heart*™ lies an incredible feat of engineering, which allows you to carry all of your Personal Health Records...and a dose of emergency medication. You can also carry all of your family's health records and secure copies of important documents (passports, driver's licenses, birth certificates etc).

How does your information get onto your *Very Special Heart™*?

Our *Very Special Heart™* software makes it as easy as filling out a form at your doctor's office. Just simply enter your information - and your *Very Special Heart™* software puts it all together. *It's as simple as that.*

**Your Very Special Heart™ software has been developed in partnership with FLASHealth, LLC, which specializes in software for the healthcare community. Our web services are powered by InterSystems' Cache' and Ensemble technologies, the same technology used internationally and by the top 10 hospitals in the United States.*



Classic Rugged Durable Lifesaving

Inside your *Very Special Globe* lies an incredible feat of engineering, which allows you to carry all of your Personal Health Records...and a dose of emergency medication. You can also carry all of your family's health records and secure copies of important documents (passports, driver's licenses, birth certificates etc).

How does your information get onto your *Very Special Globe?*

Our *Very Special Heart™* software makes it as easy as filling out a form at your doctor's office. Just simply enter your information - and your *Very Special Heart™* software puts it all together. *It's as simple as that.*

Important Documents

Your *Very Special Heart*[™] and Globe have a unique document storage feature giving you two options for document storage – Public and Private. You choose which documents will be Public (readily available to emergency personnel) and which will be Private (password protected and encrypted).

Option 1- Public Documents, such as:

- Medical release forms
- Parental consent forms
- Organ donor information
- DNR information - make sure your wishes are followed
- X-rays and MRIs - that may assist emergency personnel

These *Public Documents* are viewable at any time - along with

These *Public Documents* are viewable at any time - along with your Emergency Medical Information page. This way they are immediately available to emergency personnel in the event you are incapacitated.

Option 2 - Private Documents, such as:

- Passports - essential for traveling
- Visas
- Driver's licenses - always have a copy if yours is lost or stolen
- Advance directives
- Credit cards - for immediate cancellation or renewal
- All other important documents

These documents are password protected and encrypted by your *Very Special Heart™* software. They remain private until you use your password to login to your *Very Special Heart™* or *Globe*.

Why YOU NEED a Very Special Heart™ or Globe

- ♥ Even if you're unconscious, your Emergency Medical Information will be instantly available to Doctors and Emergency Services.
- ♥ You'll have all your medical information with you at all times.
- ♥ You'll have all of your families' medical information with you at all times.
- ♥ You'll have emergency medication (nitroglycerine or aspirin) with you at all times.
- ♥ If your Very Special Heart™ or Globe is lost or stolen- don't worry; all your personal information is password protected and encrypted.*
- ♥ You'll have copies of important documents: passports, birth certificates and driver's licenses with you at all times.

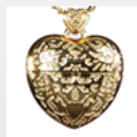
Introductory price of \$89.95 - Order now!



Heart Necklace Silver

Add to Cart

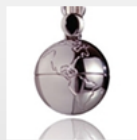
Quantity:



Heart Necklace Gold

Add to Cart

Quantity:



Globe Keychain Silver

Add to Cart

Quantity:

30-DAY, UNCONDITIONAL, 100% MONEY BACK GUARANTEE.

Every Order Includes

- ♥ Jeweler crafted 18k gold or rhodium silver finished heart or globe
- ♥ Wallet Medical Card to inform emergency care about your Heart / Globe
- ♥ Pill compartment for Emergency Medication
- ♥ 24 Hour on Call Registered Nurse
- ♥ FREE REPLACEMENT if you lose or damage your heart or globe
- ♥ Secured backups, health information, and other valuable online services

OTHER MEDICAL INFORMATION/IDENTIFICATION DEVICES

The screenshot shows the JewelBasket.com website. At the top, there is a navigation menu with links for Home, New Arrivals, Customer Service, Shipping Policy, Order Status, and About Us. A search bar is located below the menu. The main content area features a product listing for a Sterling Silver Medical Information Jewelry. The product image shows a bracelet with a medical ID tag. To the right of the image, there is a table with product details:

Availability:	Usually ships in 2-3 business days.
SKU:	LLSBR9276
Regular price:	\$215.00
Sale price:	\$121.00
You Save:	44 %
Rating:	★★★★★
Actions:	Rate This Product View All Ratings

MedicTag Comparison Chart

Compare MedicTag, Medic Alert ® and generic medic ID bracelets

MedicTag™ **MedicAlert Medical ID Emblem** **Medical ID Bracelet**

Complete medical information	YES	Requires Phone Call	NO
Emergency contact information	YES	Requires Phone Call	NO
Information instantly available	YES	Requires Phone Call	NO
Update information	YES	Requires Phone Call	NO
Print out information	YES	NO	NO
Additional costs	NO	Subscription Fee	NO

There are many medical ID bracelets and jewelry tags available today, however they are generally limited by their size to the

amount of information that can be displayed on them and because of their small size, the tags are sometimes overlooked by emergency personnel during a crisis. While they can alert medics that you have special medical needs, they can not convey all your important emergency information during a crisis, when it is needed most. The wallet cards some provide are also limited by their small size and often become unreadable in a very short time.

However, if all you need is a medical alert bracelet or jewelry then we recommend

[American Medical ID](#)



MedicAlert ® provides a service that maintains your medical information for you with a 24 hour member contact center. The Medic Alert ® emblem can indicate to first responders that a special condition exists but most of your vital information requires a phone call to retrieve. In an emergency, the minutes it takes to make that call could be critical to your care.

If you need your medical information for emergency situations, then you need

MedicTag

Most people do not need to carry their complete medical history with them at all times. However, there are many people that have medical conditions, allergies or are taking medications that may have potentially serious complications.



For these people, access to their emergency medical information is essential and MedicTag provides a way to have it available at all times.

MedicTag is the original USB emergency medical information record.

MedicTag is a USB storage device that records and stores your emergency information, including existing conditions, medications, allergies, doctors information, emergency contacts and insurance information.

MedicTag is designed to give medical personnel and first responders vital information during an emergency situation.

**** The MedicTag information template is a Microsoft® Word document that can be read by any computer with a Windows® operating system. No reader or additional software needs to be installed to access the information. This format was selected to ensure that first responders and medical personnel would have access to your information in an emergency.**

MedicTag is convenient to carry yet is highly visible to medical personnel during a crisis. No subscription fees or phone calls to make in an emergency when your information is needed the most. MedicTag™ will also let you print out copies of your medical information for those doctor visits or to keep handy around the house.

MedicTag requires very little computer skill to use, on most systems it is “plug and play” and the information form is a simple fill in the blanks format.

MedicTag retails for \$39.95 with no additional fees.

MedicTag lets *you* control *your* information; *You* can update *your* information; *You* can print out *your* information;

And most importantly

You can carry your emergency information with you at all times!

<http://www.medictag.com/compare.html>

A List of Basic Computer Terms

Below is a list to help familiarize you with basic terms that you may have heard “everybody” use and had no idea what they meant.

Boot: To start up your computer. If your computer is already on, reboot means to restart it.

Browser: A browser is a program that you use to “browse” or “surf” the web. If you sit down at your computer and you get on the internet, you are using a browser. You cannot visit anything on the internet without a browser. Some examples of current browsers are Internet Explorer, Firefox, Opera, Google Chrome, and the latest, Avant.

Desktop: Like the top of your desk, the desktop on your computer is the part of the screen that contains folders, icons, etc. It’s kind of a file system. There can be folders, icons, documents, and you can arrange them any way you like, or even toss them out, since there is a Recycle Bin (which is called a garbage can in my office).. You can see a picture of my desktop below; I cleaned it up just for you!



Download: When you download something, you are transferring data from another computer to your computer, usually over the internet. You are going to receive the data. On the other hand, if you want to upload something, you are going to give something from your computer to someone else’s.

Font: A font is the style and size of lettering. For instance, if you want to compose a letter that looks like it has been written in calligraphy, you might want to use a font like Monotype Corsiva, instead of the one I have been using here, which is called Arial. There is a huge selection of fonts that you can download for free off of the internet.

Hard Drive: Simply put, a hard drive is where all of your files, pictures, videos, programs, etc. are stored. There are different sizes of hard drives, depending on how much stuff you want to have on your computer. For example, if you are a video editor, you need a very large hard drive (videos can be very big files).

If you only use your computer for the internet and to do your taxes, you don't need a very big hard drive.

When you hear about people "losing their hard drive" it means that they have lost all of the data that was stored on their computer.

Hardware: Hardware is all of the *physical* stuff of your computer, like your mouse, your keyboard, your monitor, your printer, your stereo speakers, etc.

Software, on the other hand, runs as the non-tangible part of a computer. Your anti-virus program is software. Data, files, images, and videos are all examples of software. You need both software and hardware for a computer and its parts to run.

Icon: An icon on your computer screen is a very small image that represents an object or program that you have on your computer. Some examples of icons:



This icon represents Internet Explorer.



This icon represents Windows Media Player.



These icons represents Microsoft Word.

Link: When you click on <http://www.wnccwebsite.com> you have clicked on a link. A link is the address of wherever you want to go. Sometimes the link can be to a file, an image, or a video as well as a website.

Operating System or O/S: “What operating system are you running?” The first time I was asked this many years ago I felt like an idiot having to ask the tech what that meant. Simply put, an operating system (or O/S) is the main program (software) that manages the hardware and software of the computer which allows you to use it. Current operating systems include Windows 95, Windows 98, Windows XP, Linux, Windows Vista, and the new Windows 7.

PC: Your computer! This stands for [personal computer](#).

Reboot: This means to *restart* your computer. Often programs will ask you to reboot after you install them (Windows Updates is a good example of this). To boot a computer means to start it the first time.

Search Engine: Sometimes when you ask someone about something particular they will tell you to “Google” it. What they are telling you is to go look it up on a search engine (in this case, it’s Google). [A search engine is a program that searches for documents with information based on the criteria it is given and returns the results.](#) For instance, you could type in “Printer stopped red blinking light HP” and the search engine will return pages of documents where I could go to see how to rectify my problem.

There are many search engines you can use, such as Yahoo, AskJeeves, or Altavista. If you want a list of search engines, you can go “Google” one!

Upload: When you going to upload something, you are going to transfer it from your computer to someone else’s, usually over the internet. You are going to *give* it to someone else. When you download something, you are transferring it from their computer to yours; you are *receiving* it.

A Quiet Start for Windows 7

Do you need an annoying sing-song chime to indicate that your machine has booted?

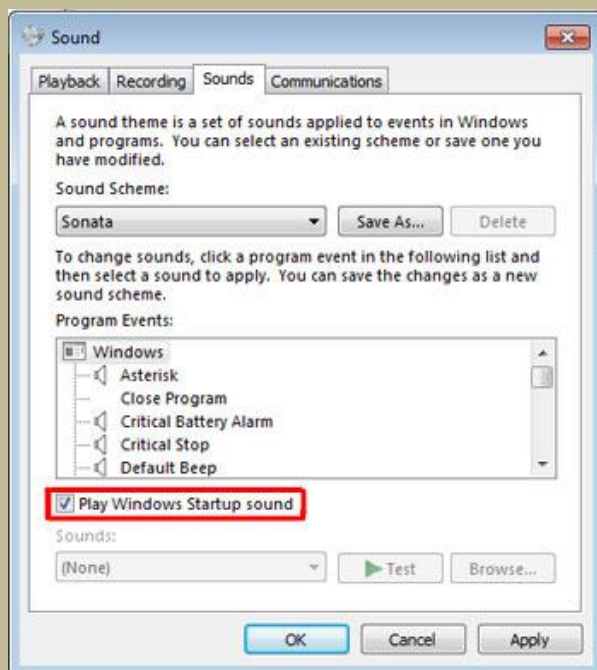
Want to put an end to that? Follow these steps.

Press **Start**, and in the Search Box type **mmsys.cpl**.



Now press **Enter**. The sound dialog window should open up. Click the **Sounds** tab.

At the bottom you'll see a checkbox that says "**Play Windows Startup Sound**". Uncheck it, and press **OK**.



Now Windows will keep quiet when it boots up! If you want the sound back, just follow these steps and re-check the box!

What are .pdf files?



PDF = PORTABLE FORMAT DOCUMENT

ANYONE ON ANY SYSTEM CAN READ IT BECAUSE IT CREATES A COMMON DENOMINATOR BETWEEN SYSTEMS

<http://www.nuance.com/> (search for the free version)

It is a universal file format that preserves the fonts, formatting, colors, and graphics of any source document, regardless of the application and platform used to create it. PDF is the open de facto standard for distributing formatted documents over the Internet.

People use PDF files for everything. The most common use seems to be documents (both interactive and regular), but I've also seen PDF files used for maps, catalogs, presentations, and even e-books. Additionally, I've seen it used for non-web applications as well, including stuff like software help files.

Avant Web Browser **I need a Volunteer to D/L, try and present this**

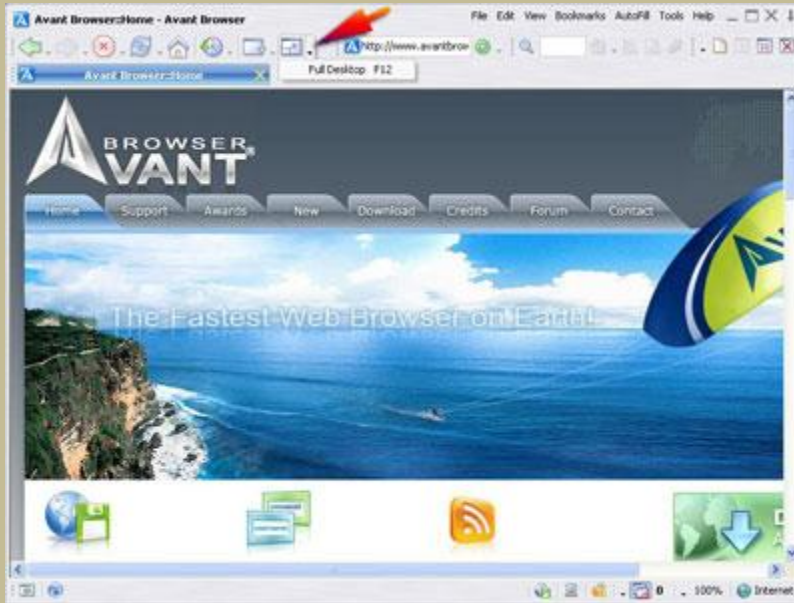
Since everyone has Internet Explorer installed on their Windows system, you may be interested in using another browser named Avant which works by using the IE engine.

The program has a lot of innovative features, is loaded with easy to reach options, has a truly flexible interface and is easily downloaded and installed because its only 2MB in size.

There is an innovative tool in the Avant browser that allows you to automatically scroll down a page on your monitor and even adjust the movement speed.



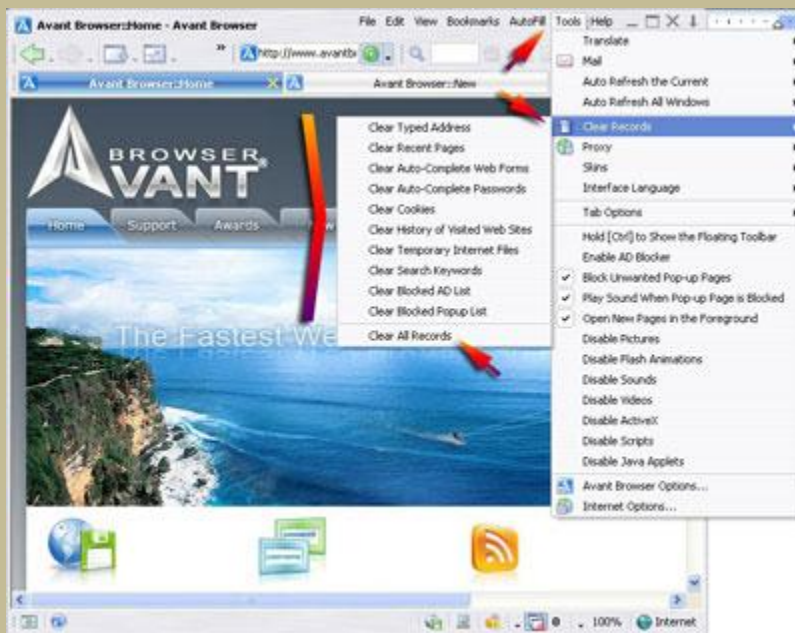
The standard keyboard shortcuts are the same as IE, like pressing F11 for full screen, but you might also like checking out the F12 trick, which causes the browser panel to cover your whole desktop space while still allowing access to the quick launch taskbar.



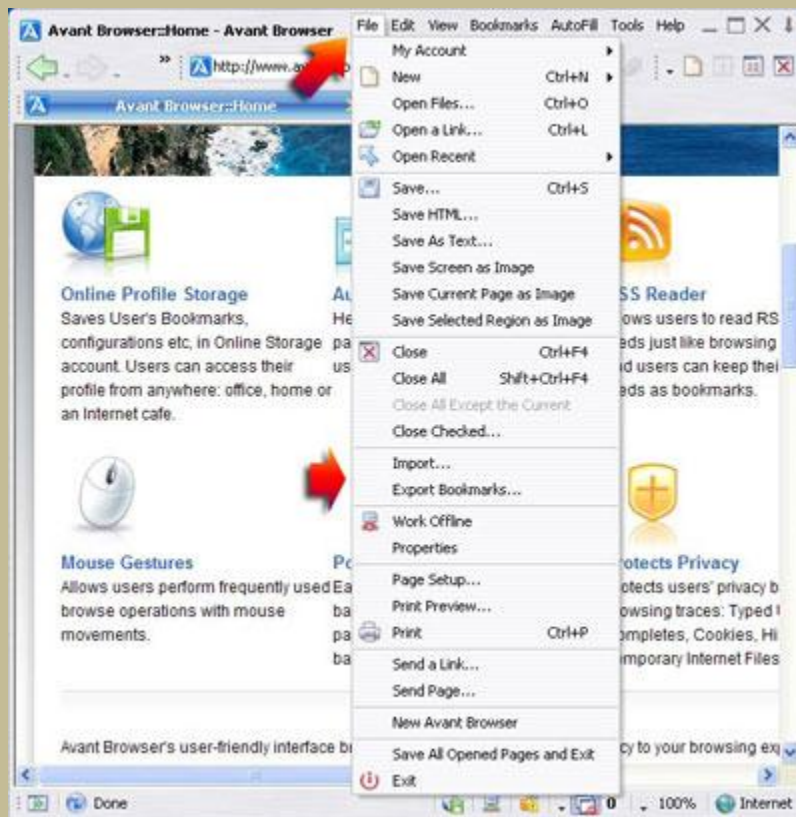
Using the Avant tool, shifting back and fourth among the web addresses visited is easy since you can conveniently reload the websites pages you have just closed via a few mouse clicks. This option can be found at the top of the Avant interface.



Clearing up the web browsing traces including cookies, stored web passwords and auto-complete is easy too, since it's all accessed via a single panel. How convenient!



Importing and exporting bookmarks listings of the frequently visited websites addresses is also included in the Avant browser and is accessed under the File menu.



You can visit the following link and download the latest version of Avant browsing software: <http://download.cnet.com/avant-browser/>

Avant Browser is an ultra-fast web browser. Its user-friendly interface brings a new level of clarity and efficiency to your browsing experience, and frequent upgrades have steadily improved its reliability.

No ADs, No Malwares!

Avant Browser is a freeware. 100% Free! No Ads, No Virus, No Spyware, No Malwares! Absolutly with no hidden cost to you ever.

Multi-Processing

Multi-Processing design offers you a crash-free internet browsing experience and high reliability. When one tab fails, it won't freeze the browser or pull other pages down.

Private Browsing

Avant Browser does not keep web data in your computer. So anybody else sharing the same computer with you will not be able to see which sites and which pages you have visited and which files you have displayed during your private web browsing section.

Anti-Freezing - Avant Browser has developed a new technology to solve this problem.

Web Form Auto-Filler - Forgot a web password? It won't happen anymore, Avant Browser will memorize passwords for you. You can fill web forms with Auto-Filler by a single click. And you can protect all your web forms with one master password.

Online Bookmarks - Access your Bookmarks with Avant Online Bookmarks Service from anywhere, office, home or an Internet cafe, and don't need to worry about losing those data when re-install windows.

AD/Popup Blocker - AD/Popup Blocker can efficiently clean up the web pages by blocking Popup pages and filter Ad Content. You can block any annoy content by adding to the filter with the "Add to AD Black list" command in the Right-click Menu.

Real Full Screen Mode and Alternative Full Desktop Mode - When you enable Full Screen Mode, all you see is the webpage, with no toolbars or other clutter. They are simply autohidden! Move your mouse over the top or bottom and find the toolbar and tab bar respectively. Avant Browser also provides Full Desktop Mode, which is the same as Full screen mode, but differs in that your windows task bar stays visible.

Flash Animation Filter - Experiencing slow page loading with GPRS/3G connection? More than 85% of all flash animations on web pages are advertising. These flash files are pretty large, and normally take up to 90% of the size of the page you're visiting. With Avant Browser you can save the bandwidth by blocking the download of these flash files with just one easy click. Avant Browser also provides many options to block downloads of pictures, videos, sounds and ActiveX components. With these options users can control their bandwidth and speed up page loading.

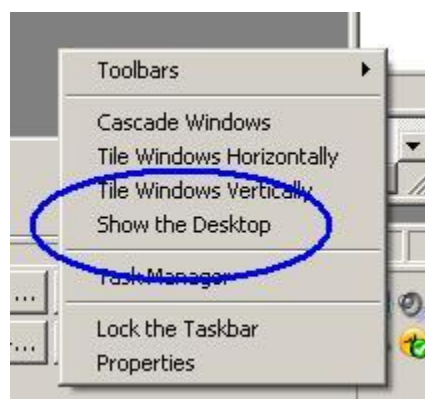
<http://www.avantbrowser.com/>

How much Hard Drive Space Left do you have left?

In Windows XP, Windows Vista, and [Windows 7](#), the following steps will work for finding out how much space you have available on your computer's hard disk. Incidentally, enormous hard drives are so cheap these days that running out of disk space should be a less and less common problem, but you may run out of space if you have a lot of downloaded songs or movies.

In Windows XP, [Windows Vista](#), and Windows 7, the following steps will work for finding out how much space you have available on your computer's [hard disk](#)

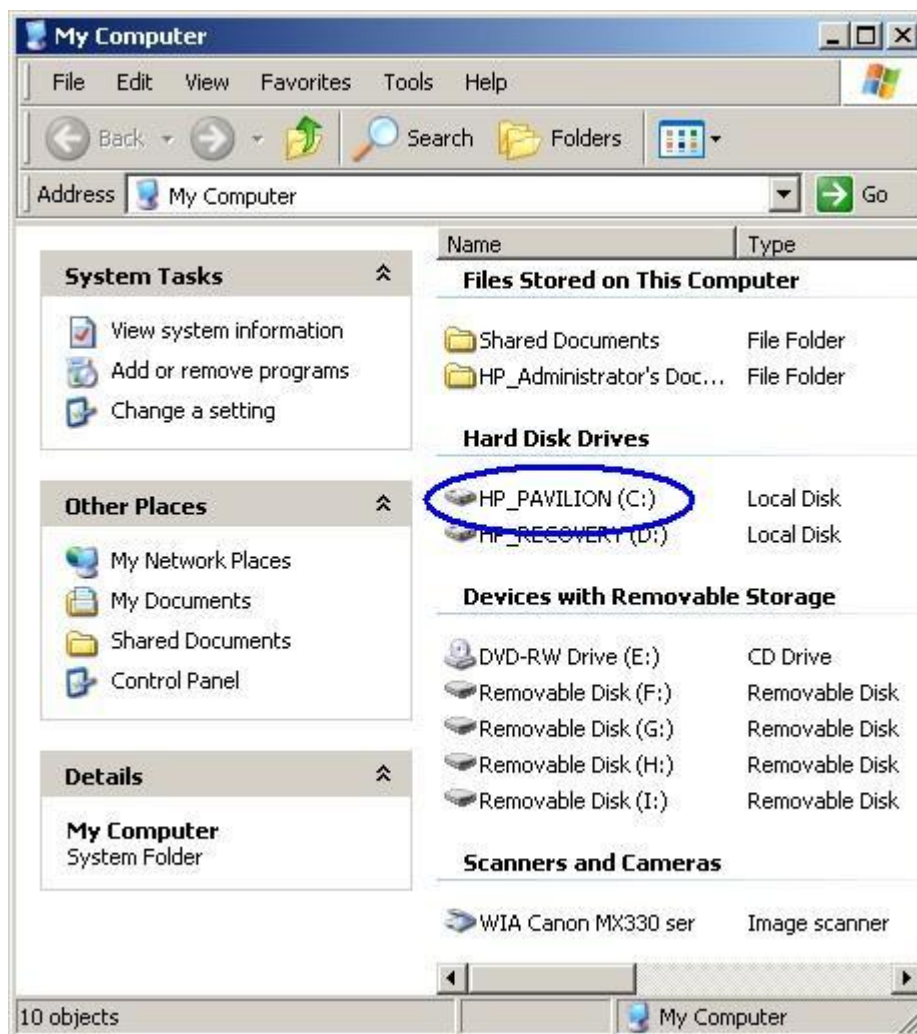
First you need to open the "[My Computer](#)" or "Computer" icon on your desktop. If you can't see your desktop, then right-click the taskbar at the bottom of the screen and pick "Show the Desktop":



This will minimize any open programs (i.e. will shrink their windows down to the bottom of the screen, without actually shutting the program down) so that you can see the desktop. Find the My Computer icon, and double-click on it:



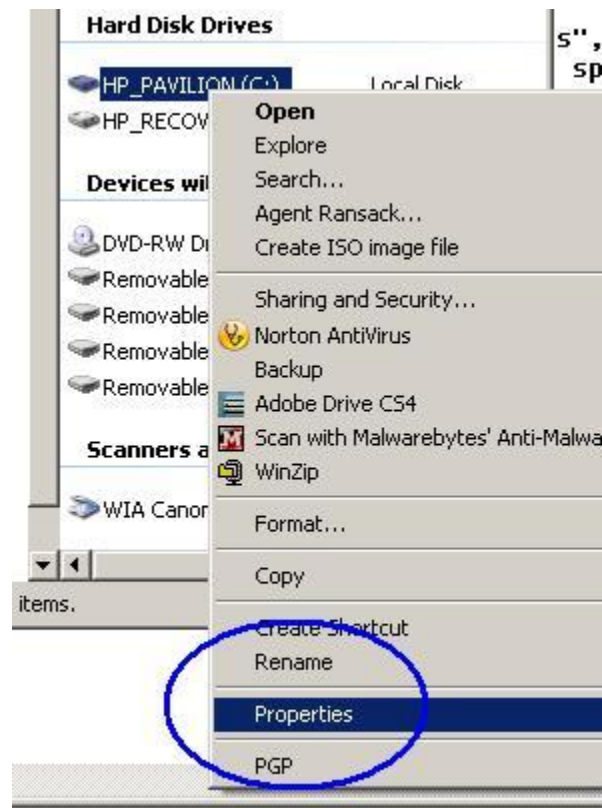
In the My Computer window, you should see a section labeled "hard disk drives" which lists the disk drives inside your computer:



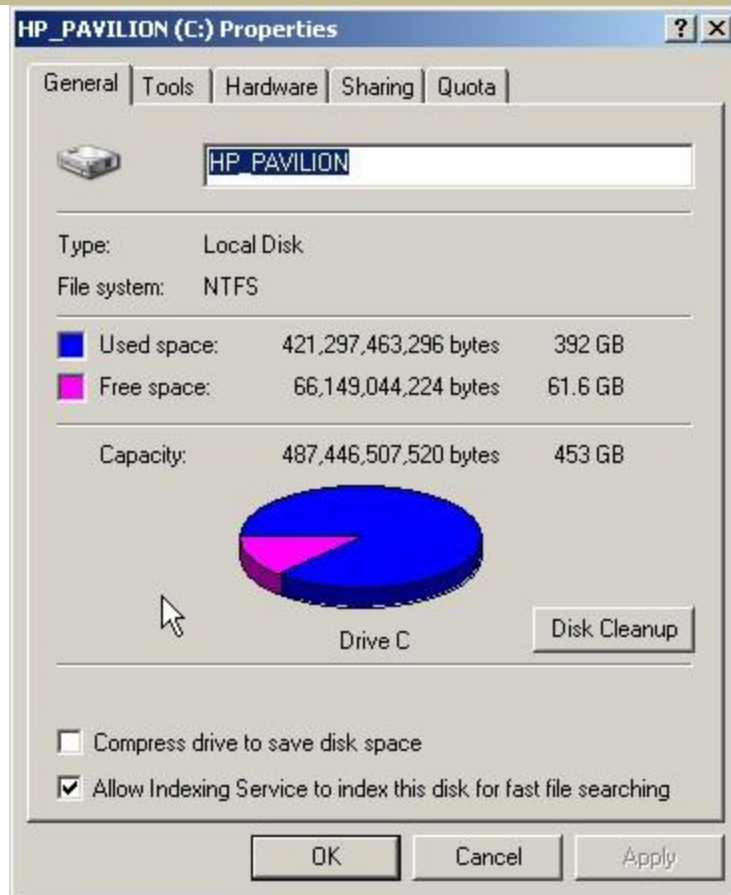
Actually, technically speaking this isn't a list of **hard drives**, it's a list of hard disk *partitions*. On this computer there are one physical drive inside the machine, but two partitions, C: and D:. The C: partition is the one that I actually interact with and install programs and save files. The D: partition was set up at the factory by Hewlett-Packard and contains a backup image of the disk's contents when it left the factory; that way, if the contents of the C: partition are ever deleted by mistake, you can use the D: drive to restore the PC to the state in which I first bought it. (That's why the D: partition is labeled "HP_RECOVERY".)

You usually don't need to worry about the distinction between hard **disk drives** and hard disk partitions, so we'll refer to the C: "drive" and D: "drive" as well.

To find out how much disk space is left on the C: drive, right-click on C: and pick "Properties":

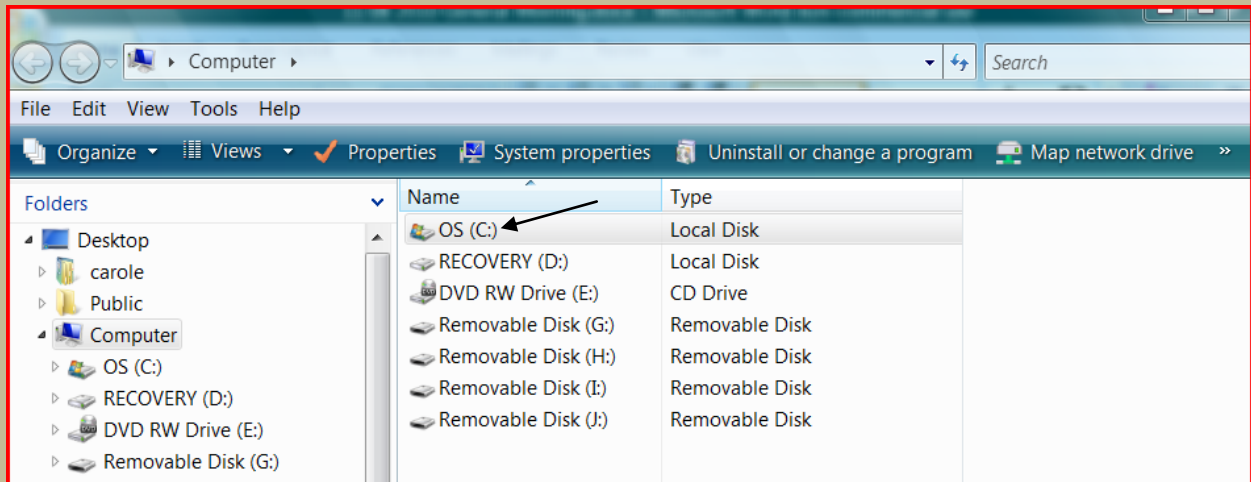


A window will open up listing the properties of the drive:



This picture shows that I've used 392 GB of space on the hard drive and have only 61.6 GB left -- so I'm running out, but very slowly, and that'll probably tide me over until I get my next computer. The "pie chart" also shows a nice pictorial representation of how much disk space I've already used (in blue) and how much is left (in pink).

WINDOWS VISTA



Right click on (c) and select properties

